

Supplementary Table 1. Summary of studies on caregiver burden in HD

Author (country)	Type of study	Method	Number of patients/ caregivers	Age of HD patients, yr	Disease duration, yr	UHDRS Part I (Motor assessment)	UHDRS Part IV-A (Functional assessment)	UHDRS Part IV-B (Independence scale)	UHDRS Part IV-C (Functional capacity)	Caregiver burden score
Youssov et al. ¹ (Europe)	Prospective multicenter longitudinal study	ZBI (22-item)	105	55.3 ± 11.7	-	51.3 ± 23.1	14.3 ± 7.8	68.6 ± 18.3	6.6 ± 3.8	33.8 ± 17.4
Wibawa et al. ² (Australia)	Cross-sectional study	ZBI (29-item)	28 (without anosognosia)	50.8 (46.0–55.6)	3.0 (1–6.6)	25.3 (17.7–32.9)	24.5 (22.4–25)	87 (81.1–92.9)	9.9 (8.4–11.3)	22.1 (17.3–26.7)
			10 (with anosognosia)	55.4 (45.6–65.2)	4.5 (2.5–12.2)	38.1 (24.7–51.5)	19.0 (14–25)	81 (69.7–92.3)	7.7 (4.8–10.6)	38.4 (29.7–47.1)
Modrzejewska-Zielonka et al. ³ (Poland)	Cross-sectional and longitudinal study	CBI	144	6.8–79.8	-	36.8 ± 28.2	19.6 ± 6.5	82.0 ± 19.2	9.6 ± 4.0	18.7 ± 18.4
Yu et al. ⁴ (USA)	Cross-sectional study	MCSI HD-SF	20	-	15 (12.5)	-	-	70.8 (17.1)	5.2 (2.7)	12.9 (6.0) 101.3 (38.3)
Hergert et al. ⁵ (USA)	Cross-sectional study	CAI	50	52.3 ± 11.3	4.8 ± 4.0	31.2 ± 17.2	-	-	-	19.9 ± 7.7
Schumacher-Kuiper et al. ⁶ (Netherlands)	Cross-sectional study	MCSI	33	53.4 ± 11.9	6.3 ± 7.6	-	-	-	7.2 ± 3.3	13.5 ± 6.6

HD, Huntington's disease; UHDRS, Unified Huntington's Disease Rating Scale; ZBI, Zarit Burden Interview; CBI, Caregiver Burden Inventory; MCSI, Modified Caregiver Strain Index; HD-SF, Huntington's disease Quality of Life Battery for Carers Short Form; CAI, Caregiving Appraisal Scale.